

## **Singleton Hospital**

Singleton is a modern District General Hospital with 600 beds situated on Swansea Bay, adjacent to the campus of Swansea University. There are Acute General Medical, Care of the Elderly, General Surgical, Ophthalmology, ENT and Radiotherapy Departments in addition to High Dependency Unit, Coronary Care Unit and the Obstetric and Gynaecological Departments. A number of these departments provide sub-regional services as well as secondary care services (e.g. Ophthalmology, ENT, Dermatology). These services are supported by a General 9-bed ITU and HDU facility and a range of high quality therapeutic and diagnostic services. The Outpatients Department at Singleton is extremely busy and sees over 167,000 patients per year.



Genetic counselling clinics are held weekly and there is a major Genito-Urinary medicine Unit that provides a service for South West Wales as does the Department of Medical Physics and Radiotherapy. Bone Marrow Transplants are carried out by the Haematology service.

Singleton has its own 24-hour Local Accident Department and newly opened Medical Assessment Unit that helps the Trust to cope with the increasing number of emergency admissions received.

The Hospital also houses the sub-regional Cancer Centre and as such provides specialist Oncology services to South West Wales, as well as complex cancer cases within the other specialties onsite (e.g. Oral Maxillofacial, ENT, Colorectal, Upper GI). The South West Wales Cancer Institute and a separate Chemotherapy Day Unit are also at Singleton.

Swansea is a wonderful place, it is a lively city surrounded by beautiful countryside situated on one of the finest coastlines in the country. It is a major regional centre with three large hospitals which cover almost all adult medical specialties. A medical school opened in 2004 and the number of academic departments is increasing rapidly. Swansea has an excellent culture of undergraduate and postgraduate education and has always been a popular place with trainees

### **The City of Swansea and surrounding area**

The City of Swansea and surroundings is a wonderful place to live and work, offering a mixture of dramatic coastlines, open countryside, rural villages and a modern city with a current population of **225,500**.

Swansea has a flourishing cultural scene, a plenty of leisure and recreational areas along with a lively city centre and shopping facilities.

The Gower Peninsula was the first designated area of outstanding beauty with stunning scenery and unspoilt beaches. The Gower Peninsula is a great place to fish and there are many superb bays for canoeing, surfing, water-skiing and sailing. Walkers and ramblers are spoilt for choice, from dramatic cliff tops, coastal walks and paths through peaceful wooded valleys punctuated by waterfalls.

The Brecon Beacon Mountains are easily accessible, as are many holiday resorts in the neighbouring area of Carmarthenshire.

Swansea offers a diverse programme of entertainment within the theatres, concert halls and cinemas available, and will soon become the home of a brand new casino. The Brangwyn hall also plays host to the London Symphony Orchestra and other classical performances.

Being a regional centre, Swansea boasts a wide range of famous brand stores, as well as a selection of smaller specialist shops, including a choice of oriental suppliers. Swansea houses a wide range of pubs, clubs and restaurants. French, Italian, Spanish, Indian, Thai and Chinese cuisine being just a small sample of the type of restaurants available. The newly built Liberty Stadium is the home of Swansea City Football Club and the Neath Swansea Ospreys.

### **On the waterfront**



Swansea's Maritime Quarter (pictured above) has a continental air in which you can enjoy a meal, a cappuccino or a cocktail, whilst watching the elegant craft in the marina. The Maritime Quarter is the home of the Maritime and Industrial Museum, as well as the diversity of shops, restaurants, pubs and nightlife.

Head for Mumbles to the West of Swansea Bay and experience the charms of this little seaside village, discovered by the Victorians. The view of the Swansea Bay can be best appreciated from the 900ft Victoria pier at Mumbles Head. The Norman keep of the Oystermouth Castle

overlooks the famous 'Mumbles Mile' of pubs and first class restaurants. Mumbles can also boast a 'Good Food Circle' to delight all food and drink enthusiasts.

### **The Gower Peninsula**



Gower was the first area in the UK to be designated as an Area of Outstanding Natural Beauty. The magnificent 'Worms Head' (below) snaking out to sea is one of the Peninsula's finest views – it guards Gower's only West facing beach – a four mile stretch of sand known as Rhosilli Bay.

### **The School of Medicine**

A 4 year graduate-entry medical school opened in Swansea in 2004. This development has provide a huge boost to all levels of medical education in Swansea. There have been a large number of new academic appointments, medical and non-medical, which has resulted in an increase in the number of talented teachers for postgraduate education. Medical students from Cardiff also do attachments in Swansea so there are always plenty of students present which makes for a lively atmosphere and an excellent educational culture.

The School of Medicine is located in the University of Swansea's main campus which is adjacent to Singleton Hospital. There are also new Clinical School buildings with excellent teaching facilities on all 3 main hospital sites. There are fully equipped clinical skills laboratories at both Morriston and Singleton hospitals.

### **Postgraduate Education**

Swansea has always had an excellent record in the provision of postgraduate medical education. As a busy regional centre and local NHS Trust, there are a lot of patients to provide good clinical experience. Great emphasis is placed on the provision of bleep-free teaching, grand rounds, journal clubs, X-ray meetings etc. Good food is provided at most of these so trainees are able to eat free of charge most days of the week.

The Postgraduate Centres on all 3 sites are in need of replacement but they are well equipped and well used. The library service is arguably the best in Wales. An online system is available for the provision of guidelines and educational material from any computer in the Trust. Full text access to almost 3000 biomedical journals is also available online.



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